



What's the Point

Matinecock District Roundtable
News and Events



May 14, 2015

What's Up (Coming)

June 2015

- June 11 –
Roundtable & OA

Links:

www.matdistrict.org
for instant access to
Matinecock District
news, upcoming
events and program
resources.

www.SCCBSA.org for
a complete District
and Council
Calendar. **Check Out
the Training Events,
too!**

For more useful links to
scouting information, see
the last page.

Daniel Schilpp, Matinecock District Executive, 924-7000 x131

"Get in on the Adventure"



Cub Scouting

85 Years of Wolves and Tigers and Bears! Oh, My!

Sum, sum, Summer time!

Summer is coming, eventually, and after the winter we had, everyone is looking forward to some great summertime activities. So if you haven't already, start planning your summer events. Summer Pack meetings or gatherings don't have to be complicated or sophisticated. Simple is good. Take a hike, go for a bike ride, go fishing, do Cub/Parent Weekend.

Many Packs go fishing. There are charters out of a few ports on the Island and the boys love the adventure. Most charters supply everything so there is nothing to get together.

Take a bike ride. Have everyone, including parents, meet to take a ride in a park. Caumsett State Park in Lloyd Harbor has a 3 mile path where there are no cars to be afraid of. Leaders can be stationed along the way to keep the crowd moving and catch any strays!

Take a hike. There are hiking trails all over the Island. There are boardwalks by the beaches that are great places to walk. Point out the types of trees, plants, animals or sea life if near the beach and discuss Leave No Trace.

Don't forget Baiting Hollow! Cub Parent weekend is a great opportunity to have an easy overnight. No food to be prepped to bring there! Our camp is an amazing resource!

Look for Scout overnight opportunities. There are many places that offer Cub overnights. They are fun and easy to do. If you want to plan a Pack overnight, remember that West Hills Park is now open for Cubs to camp overnight. You need to reserve either the F or S shelter with a camp site as it has running water.

To qualify for the Summertime Pack award, you need to run an event in June, July and August. There is no threshold for attendance to achieve the award. The Summertime Den Award needs half of the Den to show up for each event to qualify. Individual Summertime awards are given to boys who attend all summertime events.

So get planning, get going, and have fun!



Webelos Scouts

Bridging to Boy Scouts

Flag Etiquette

With Memorial Day approaching, it is a good time to be reminded about flag etiquette. It is often difficult in the midst of a chaotic meeting to always get it right, but our Scouts need to know the correct etiquette for the American flag. The flag should always be treated with respect and should never touch the ground. Flags should not be displayed on a car or table top, etc. Flags that are too worn to be used should be retired by burning in a dignified manner. The flag should be cut prior to burning, but the blue field should remain intact.

Here is a basic flag ceremony:

Ceremony Leader: "Will the Audience please rise?"

The audience rises

Ceremony Leader: "Color Guard, POST THE COLORS."

Scouts carry the US & Pack or den flags walking double file. Scouts should cross to the correct side to place the flag in the stand.

Ceremony Leader: "SCOUT SALUTE."

Those in uniform do a hand salute. Everyone else places their hand on their heart.

Ceremony Leader: "Please join us in the Pledge of Allegiance. I pledge allegiance ..."

The audience says the Pledge of Allegiance

Ceremony Leader: "TWO."

Everyone stops saluting

Ceremony Leader: "Color guard, retreat."

The color guard walks back out double-file to wait at the back of the room.

Ceremony Leader: "Color guard, dismissed."

NOTES:

The US flag and other flags (ie Pack flag or Den flag) start in the back of the room. The US flag should be on the right side of the procession and should never be behind the other flags. When they come to the point where the flags must cross, the US flag should cross in front of the other flags.

The US flag should be displayed on its own right, as shown in the diagram.

Post Script: So what is with the "Two" thing anyway? The Marine Corps defined the hand salute as having two parts, the salute order is "Hand, Salute" and the return is "Ready, Two." I read, somewhere, that because the salute has 2 parts, "two" became the command for the second part of the salute, the return.



Boy Scouts

Where Eagles Dare

Early signs of dehydration:

- Thirst
- Flushed skin
- Headaches
- Increased body temperature
- Increased breathing and pulse rate
- Increased perception of effort

Later signs include

- dizziness
- Increased weakness
- labored breathing

Seek medical advice if rehydrating techniques do not relieve the symptoms.

Heat Exhaustion:

Can occur after you've been exposed to high temperatures, and it often is accompanied by dehydration.

There are two types of heat exhaustion:

Water depletion Signs include excessive thirst, weakness, headache, and loss of consciousness.

Salt depletion. Signs include nausea and vomiting, muscle cramps, and dizziness.

Treatment for Heat Exhaustion

It is essential to immediately get out of the heat and rest, preferably in an air-conditioned room. If you can't get inside, try to find the nearest cool and shady place.

Other recommended strategies include:

- Drink plenty of fluid (avoid caffeine and alcohol).
- Remove any tight or unnecessary clothing.
- Take a cool shower, bath, or sponge bath.
- Apply other cooling measures such as fans or ice towels.

If such measures fail to provide relief within 15 minutes, seek emergency medical help, because untreated heat exhaustion can progress to heat stroke.

Heatstroke symptoms include:

- **High body temperature.** A body temperature of 104 F (40 C) or higher is the main sign of heatstroke.
- **Altered mental state or behavior.** Confusion, agitation, slurred speech, irritability, delirium, seizures and coma can all result from heatstroke.
- **Alteration in sweating.** In heatstroke brought on by hot weather, your skin will feel hot and dry to the touch. However, in heatstroke brought on by strenuous exercise, your skin may feel moist.
- **Nausea and vomiting.** You may feel sick to your stomach or vomit.
- **Flushed skin.** Your skin may turn red as your body temperature increases.
- **Rapid breathing.** Your breathing may become rapid and shallow.
- **Racing heart rate.** Your pulse may significantly increase because heat stress places a tremendous burden on your heart to help cool your body.
- **Headache.** Your head may throb.

<http://www.scouting.org/filestore/pdf/680-022.pdf> Heat Index Chart.



Venturing/Sea Scouts



Upcoming SCC VOA events: The next SCC VOA meeting/event will be:

NER Area 2 Venturing: The NER Area 2 Apex was held May 1-3 and that it was an amazing event. While all activities were great, the biggest hit were the ATV's. Stay tuned for more exciting Area events being planned by our new set of officers who take office on June 1.

Area Venturing website: <http://nerventuring-bsa.org/areas/area-2/>.

For Area 2 Venturing events, please contact Bob Koch, Area 2 Associate Advisor, bobbbsa57@gmail.com; 631- 981-1399 (land line) or 516-209-8162 (Cell)

If you need Suffolk County Council Venturing information, please contact Greg Aylmer at bsataxi@optonline.net

Remember – Safety is always Job 1.



Training

Every Scout Deserves a Trained Leader

Let's Keep the "outing" in "Scouting"!!

Trained leadership is what every boy in Scouting deserves so let's give them that! There are numerous training opportunities coming up in the next few months.

Up Coming Matinecock District Training Schedules and information:

- **IOLS/OWLS:** Due to circumstances beyond our control these trainings have been postponed. We will update dates and times on the District's website.
- **Wood Badge:** September 11-13, 2015 Baiting Hollow Scout Camp and October 10-12, 2015 Schiff Scout Reservation. Cost \$240. Our very own Julie Hardick is the Course Director!
- **National Youth Leadership Training: August 15th - 20th:** NYLT is an exciting, action-packed program designed to provide youth members with leadership skills and experiences they can use in their home troops, teams, crews, personal lives, and in other situations demanding leadership of self and others. Don't wait, the course is limited to 48 participants. For more information and a registration form go to: <http://www.sccbsa.org/pages/nylt.php>

If you can't make any of our training sessions, please check the other districts training sites.

Check out the Council website: www.sccbsa.org and district website:

<http://matdistrict.org> for more information and flyers!!!! **Please check Council calendar for all other districts and council upcoming trainings and availability.**

After all.... "Every Scout deserves a trained leader!"

If you have any additional questions please feel free to contact Greg Aylmer @ 631-664-0089 or bsataxi@optonline.net.



Commissioner's Corner

Unit Service and Roundtable

From The District Commissioner.

We are down to one UNIT left for the Charter Renewal Completions. Thanks again to all for this success. The District is doing fine. Welcome to all the new unit leadership especially the Cub Scout side. Lots of training available for your help. Please seek out your Unit Commissioner for assistance in any way. If you don't know them please see me for the introduction / information. Make sure you attend next month's Round Table we will be having our annual program role out for the 2015 / 2016 Scouting Year. Lots of good info to be given out for planning purposes. If you would like to know more about the role of the Unit Commissioner or the Round Table Commissioner please see me. Thanks for all you do for scouting. Scout Oath & Law, Youth Protection Training, Scouting is Outing, Dist. Training and the Wood Badge program all make a successful SCOUTER.

Thomas A. Rolston, District Commissioner
631 368 7022 or Email me at trolston72@gmail.com.



A Scout is Reverent

Religious Committees Activities

Catholic Committee on Scouting:

Congratulations to all Cub Scouts who received their first holy communion this year.

- Ad Altare Dei books were due to the Diocese on April 23. The Board of Reviews will be on Saturday, May 16 in Centereach at the Assumption of the Blessed Virgin Mary Church. The only makeup date available is Thursday, June 4 at St. Joseph's in Ronkonkoma.
- Vespers will be on July 10,17,24,31 and August 7, at Baiting Hollow Scout Camp.
- **Interested in joining the Catholic Committee?** Attend our monthly meeting, on the first Thursday of the month, St Joseph's Ronkonkoma, 7:30 p.m. (Meet in Science Room of School) All Catholic scouters are cordially invited to join. Contact: Chris Coronese, ccoronesi@yahoo.com 917.748.1276

Jewish Committee on Scouting: Save the date(s)!

- JCOS of SCC annual Conclave - BHSC - June 5-6-7, 2015 (open to scouts of all faiths)
- JCOS meetings are held on the third Mon of each month unless otherwise noted, all at 7:30pm, Temple Beth Chai of Hauppauge

For local JCOS information contact:

Phyllis Stein (265-8141) or thecamerlady@verizon.net

JCOS Chair Barry Kopeloff at 331-9460 or dodey48@optonline.net

Protestant Committee on Scouting:

PCOS Annual Retreat – this year's theme: "Bullet Proof George Washington & His Spies" – Save the date: November 6-8, 2015

For Information contact: Lois Accattato 631-275-6228 or email lois40@optonline.net

More Announcements:

National Eagle Scout Association

Our next NESA chapter meeting is June 8 at 7:15PM.. Call Mike Kramer for more information. * We will also have a significant display at the HIA Conference on May 21st. If you are available to come represent NESA and Scouting for a couple hours please contact Mike Kramer at MKLeader2@gmail.com.

MATINECOCK DISTRICT CUB SCOUTS RACE PINEWOOD DERBY CARS!

"And they're off!!!!"

Racing six small wooden vehicles on the specially-fitted track in each heat, 81 hand-crafted Pinewood Derby cars were in the competitions at the Annual Matinecock District district-wide runoff event held in the gym of the St. Paul's Lutheran Church in East Northport on April 24, 2015.

Top district winners (first to tenth place) were:

1 st place – Nathan R. of Pack, 225 (Greenlawn)	6 th place – Anthony L. of Pack 539 (Kings Park)
2 nd place –Noah E. of Pack 125 (Commack)	6 ^h place - Jason D. of Pack 238 (E. Northport)
3 rd place -Gregory M. of Pack, 329 (Commack)	8 th place - Andrew D. of Pack 22 (Huntington)
4 th place – Nathan R. of Pack 178 (Huntington)	9 th place - Jacob A. of Pack 238 (E. Northport)
5 th place - Alex N. of Pack 457 (Dix Hills)	10 th place – John A. of Pack 406 (Huntington)

Special thanks go to all the volunteers who assisted in this event: Boy Scout Troop 8, East Northport's Boy Scouts: Tim Z, John S, and Nick S. Boy Scout Troop 52, East Northport's Boy Scout Ryan B. Thanks go to Cub Scout Pack 312 (East Northport) who supplied the track, Cubmaster Mike Scheibe, PWD Chair Brian Bianchi and Assistant Cubmaster Tom Holt Cub Scout Pack 312), and Matinecock District Executive Daniel Schilpp and scouting parents, Roseann Zeblisky & Mike Wine and a big thank you to Rob Zeblisky. It was a great time for everyone who took part in every aspect of this great Cub Scouting event.

MATINECOCK DISTRICT BOY SCOUTS SPRING CAMPOREE: "OLYPIAD?"

Boy Scout Troops from throughout the Matinecock District camped out at Southaven County Park on April 17-19, 2015. The Scouts participated in such activities as archery, orienteering (navigating with a compass), Tomahawk Throw, sling shot target shootings, ultimate Frisbee, kickball, and many other great activities.

Participating in the event were: East Northport Boy Scout Troop 5 and Troop 52, Melville Troop 106, Elwood Troop 174 and Troop 200, Dix Hills Troop 309 and Troop 409, Huntington Troop 360, Huntington Station Troop 34, and Hauppauge Troop 3333.

Event	Winner	Second
Ultimate frisbee	Troop 309	Troop 34
Kickball	Troop 106	Troop 174
Tug of war	Troop 409 (and undefeated)	
Obstacle course	Joe Kaye - Troop 34	2nd: Paul Santelli - Troop 34 3rd: Joe Haubrich - Troop 52

Good times were had by all and the scouts are all looking forward to next year's Spring Camporee.

District Classified Ads

Do you have an upcoming event (scouting or community) that is relevant to the Matinecock district? Send an email to the editor for posting.

Important links to sources of information:

Matinecock District Website: <http://matdistrict.org/>

Matinecock District email: matdistrict@gmail.org

Suffolk County Council Website: <http://www.sccbsa.org>

National BSA Website: <http://www.scouting.org/>

Official Sea Scout Website: www.seascout.org

National Jewish Committee on Scouting website: www.jewishscouting.org

Catholic Committee on Scouting for the Diocese of Rockville Centre: www.ccos-drvc.org

National Catholic Committee on Scouting: to www.nccs-bsa.org

Shinnecock Lodge web site: <http://www.shinnecock360.org/>

Nissequogue Chapter web site: <http://www.shinnecock360.org/chapters/nissequogue/>

June Scouting Themes: Cub Scout Core Value: Perseverance Webelos Activity Pins:
Traveler, Artist, Boy Scout: Emergency Preparedness

From: <http://www.boyscouttrail.com/themes/scout-themes-2015.asp>

“What’s the Point” is a publication brought to you by the Matinecock District Roundtable Staff: Edited by Mimi Puttre’ If you would like to contribute a news item please email it to Mimi at mputtre@hotmail.com, deadline: Tuesday before roundtable.